



**ALMADEN VALLEY  
ATHLETIC CLUB**

## **AVAC Policies & Guidelines**

Please read these guidelines before you use the Club. Your questions & comments are welcome. Enjoy your visit with us!

### **General**

- All members & their guests are subject to the rules & policies of the Almaden Valley Athletic Club. Management reserves the right to modify or change rules at any time to improve the operation of the facility.
- The laws of the State of California do not permit smoking within the club facility, pool deck, or tennis courts. Smoking, food, & drinks are NOT permitted on any tennis court.
- The laws of the Alcoholic Beverage Control Commission do not permit hard liquor anywhere within the Club premises. Proper identification will be required for any alcoholic beverages purchased at the Club.
- Any member who willfully, or negligently, causes damage shall pay for said damage to club property. Members are responsible for all damages incurred by dependent children or guests.
- With the exception of service dogs, cats & other pets are not permitted on Club premises.
- Cell phone calls are not permitted on the Fitness Floor or locker rooms.
- California Law states that it is illegal to aid or abet in the unlawful sale, use or exchange of anabolic steroids, testosterone, & human growth hormone.

### **Membership Cards, Photos, Back Entrance**

Photos of all members 15 years of age & older are placed into our check-in system. Please notify Membership Services when your child reaches 15 years of age & arrange for a photo to be taken at the Front Desk. When the back desk is unattended, please check in at the Front Desk.

### **Guest Passes & Guest Fees**

Please register all guests at the Front Desk when entering the Club. All guests must complete the guest information form prior to using the facilities. Adult guests will be charged a \$24 fee, & children under 15 will be charged \$12. Guests must be accompanied by an AVAC Member. Guests under 18 years old must have a waiver signed by their parent/guardian prior to entering ([avac.us/waiver](http://avac.us/waiver)). Maximum of 5 guests per membership, per day.

Please understand that for safety and member service we reserve the ability to put a capacity on guests or mark a day as a “guest blackout day” on hot weekends or holidays. Please call Member Services at 408.445.4900 ahead to check the guest status.

Members with Tennis Upgrades enjoy two complimentary guest passes per month. Resuming our pre-pandemic tennis guest policy, the same guest may access AVAC no more than once per month.

### **Towels**

Towels may be obtained at the Front Desk. There is no charge for this service. Please return the towel to the Front Desk or drop in the bins in the Locker Rooms or pool deck.

### **Kickboards, Buoys, Paddles, etc.**

This equipment is available at the front desk, free of charge [for members 12 & older]. Equipment is only to be used for workouts, not for play. Please return equipment to the bin when you are finished swimming.

### **Charge Privileges**

Members may charge purchases to their account. Member's accounts must be in good standing to charge purchases or charge privileges will be suspended. Members are responsible for charges made by dependents. You may request to have charging privileges disabled by contacting Accounting.

### **Fitness Center**

- Children under 10 are not permitted in the Fitness Center. Any child age 10 - 14 MUST be directly supervised by an adult (18 years or older).
- Please do not bring food, open beverages (water bottles are okay), gym bags or chalk. Leave bags & belongings in a locker in the locker room.
- Proper workout attire is required. Athletic shoes & shirts must be worn. No street clothes. No open toe or open heeled shoes. No pants or shorts with rivets or buckles, etc.
- Please be courteous at all times. Foul or abusive language or horseplay will not be tolerated.
- Please use the gym wipes available on the fitness floor to wipe off the fitness equipment after you use it.
- Please be courteous to others during our busy times & keep your cardio workouts to a maximum of 20 minutes while others are waiting.
- Please be courteous to your fellow members; no dropping or throwing plates or dumbbells, no dropping or slamming weight stacks on exercise machines, no perfume in class or on the fitness floor, & no cell phone calls. Please; rack & stack your weights when you are finished & do not occupy machines & equipment while resting

### **Group Fitness Studio**

- Unless enrolled in a Jr. AVAC class, children under 12 ARE NOT PERMITTED in the Group Fitness Studio.
- Do not disturb a class in progress. Please wait in the hallway outside the group fitness center for your class to begin. Please do not open any of the group fitness center doors during class. This drastically reduces the effectiveness of the air conditioning in the Group Fitness Studio.
- Hand weights are permitted in crowded classes at instructor's discretion. Please set equipment in a safe place during class. Please return all floor mats, steps & weights to their proper storage spaces after use.

- Do not wear excessive perfumes or cologne while in class. Scents tend to change in class & may be offensive to others as well as allergy inducing.

### **AVAC Junior Members**

Children may be included on memberships in order to enter the club. Children 1 & under are free on memberships. Otherwise, fees are assessed per visit. All members are responsible for any & all charges incurred by purchasing food, drinks, or goods at the club.

### **Child Care**

- All parents must personally check their children in & out of the facility. Please inform the staff of any special needs your child may have at this time.
- Parents **MUST** remain on site at all times while the children are in our care. No exceptions. This service is not intended to substitute for preschool or day care.
- Please keep sick children home. Children should remain at home until fever has been gone for at least 3 days without the use of fever-reducing medicines.
- Children being dropped off will be required to take off their shoes before entering the main Child Care area.
- Children will be required to wash their hands with soap & water for at least 20 seconds or immediately after drop-off & immediately before pickup.
- Child Care staff will disinfect all toys & equipment used after each shift.
- Please note: we are a nut-free facility.

### **Child Care Reservations:**

- **Reservations required for all members**
- Reservations can be made over the phone at 408.445.4900, on our online portal, or mobile app.
- Reservations can be made up to 3 days in advance.
- Reservation cut off time will be 9 pm the previous day to ensure consistent staffing.
- Reservation block times are 1 hour maximum for children under 12 months old.

The Child Care staff reserves the right to call any parent as necessary.

### **Lockers & Locker Rooms**

Lockers are available for use by members in two locations. The Men's & Women's Adult Locker Rooms are located inside the main lobby for use by any member age 15 or older. Parents, please **DO NOT** bring any child under age 15 – including infants & babies – into these locker rooms.

The Junior Locker Rooms are located off the main pool. All children under 15 years of age must use the Junior Locker Rooms. Members using the Junior Locker Rooms may use personal padlocks for securing belongs on a daily basis. Please remove personal padlocks when leaving the Club. Locks left on lockers overnight will be removed.

Please remember that the Club is not responsible for members' belongings while members are using the facility. Please leave your valuables at home while you use the Club. Please do not leave your valuables – purse, wallet, etc. – in your car. Please use your mobile phones in the poolside café or on the pool deck. The fitness floor & locker rooms are not good places to conduct private conversations.

Please:

- No phone calls—audio OR video in any locker rooms. Calls should be kept to the café (please keep the volume moderate and avoid speakerphone), pool deck, or parking lot.
- Careful where you point your phone. Smart phones have all sorts of capabilities which can be concerning to members in the locker rooms, working out, or relaxing in the outdoor pools. Best practice is to use your phone in a way so that the camera lens is pointed downward
- Keep the locker room hygienic. Trimmings, clippings, cotton swabs, baby powder, etc should be kept off floors and out of spas, sauna, steam, and shower areas. Accidentally spill something? Please let the Front Desk know immediately and we'll be happy to take care of it
- Rinse before using a pool or hot tub. No food, shaving, or washing in any AVAC pool or hot tub

### **Tennis & Pickleball**

- Members must check-in at front desk, back desk, or tennis office prior to using the tennis courts during non-tennis office hours of operation.
- Proper tennis attire is required for play. No cutoffs or jeans or street clothes. Shirts are to be worn at all times. Proper tennis shoes are required for play i.e. no sandals, non-marking or running shoes are permitted on tennis courts.
- No food or drinks (other than water) on the tennis courts. No smoking or amplified music are allowed on the courts at any time.
- Players are limited to a 1 1/2 hour playing limit per reservation.
- Waiting players: Please show the proper courtesy, allowing on-court players to finish out the point being played prior to walking onto the court.
- No profanity or abusive language while playing.
- Players must be on their court within 15 minutes of the reservation time or forfeit the court. One person cannot "hold" the court for other players who may be late. The court is forfeited unless all players are present.
- Members must check-in at front desk or back desk of AVAC prior to using the tennis courts during non-tennis office hours of operation. Members are responsible for checking their guests into the Club.

### **Tennis & Pickleball Court Reservations**

- AVAC tennis members can reserve tennis courts 3 days in advance (starting at 7:30 am), one court per day, for 1.5 hours
- AVAC members can reserve pickleball courts 3 days in advance (starting at 7:30 am), one court per day for 1.5 hours.
- Courts can be reserved Monday - Friday from 6 am - 10 pm, Saturday & Sunday from 6 am - 9 pm.
- If you make a reservation & know you are not going to be able to use your court, PLEASE cancel your reservation ASAP! It is important to release your court so other members can have access and enjoy playing.
- You can make court reservations through our online portal, mobile app, or in person.

### **Pool Rules & Guidelines**

- Small safe balls & diving toys that are utilized safely are permitted. Objects that are thrown into the lap lanes will be confiscated by the lifeguards & returned at the end of the day.
- Lap lanes are for responsible lap swimmers only. Proper lane swimming etiquette will be enforced.
  - Communicate with fellow members. Ask before you enter a lane.
  - Choose a lane split method such as split or circle, & whether you'll be starting at opposite ends.
  - Stick to your side of the lane & be mindful of your body positioning & swim aids.
  - If your swimming style, swim aids, or preferred stroke tends to take up more than half the lane, consider swimming at a less-popular time such as later in the morning or mid-day.
- No flotation devices (including & not limited to water-wings, life jackets & pool noodles). Kick boards & pull buoys may be used by lap swimmers only. Children or adults with special conditions requesting a Coast Guard Type III or V approved life jacket should see an AVAC Manager.
- Adult swim is called 15 minutes before each hour when lifeguards are on. This is an adult only pool & spa time.
- The spa is for adults 15 & older. Children tall enough to stand flat footed with their head completely out of the water may use the spa with direct supervision.
- Adult Lap Swimmers & therapy users may swim in our indoor pool daily from 5:30 to 8:30 am. Please check in at the AVAC Front Desk.
- No hanging, sitting or standing on the lane lines.
- No running on the pool deck.
- Mermaid fins are permitted at the lifeguard's discretion. If misused or becomes an obstacle, they will be ask for it to be removed.
- Children in the wading pool must have adult supervision at all times (within arm's reach of child).
- Re-usable swim diapers are required for all children under the age of three & for all non-potty-trained swimmers.
- Diving is permitted only in the 9' section.
- Use of the pool is at the discretion of the lifeguards & management who reserve the right to enforce the rules.
- Outside Food, Drinks, & Personal Belongings:
  - No distilled spirits allowed on-site (per our ABC license)
  - No glass bottles around the pool area
  - AVAC requests members limit outside food & drinks to a small picnic suitable to the size of your party. We reserve the right to ask you to remove any personal items, including outside food and drinks.
  - Large hard-sided coolers around the pool, personal amplified music, outside furniture, & large quantities of food & drink can create hazards, distractions, & excess garbage which we're unable to handle. Please understand that personal equipment, food, or drink which affects AVAC's safety or ambiance may be removed by management.

- All swimmers under 15 years old must use the Jr Locker rooms located on the outdoor pool deck, the indoor locker rooms are for Adults on

## Adult Supervision Guidelines

Age of Child	Lifeguard on Duty	No Lifeguard on Duty
0-8	Direct adult supervision	Direct adult supervision
9-11	Adult must remain on the AVAC® campus	Direct adult supervision
12-14	Parent may drop off after providing AVAC® Front Desk with contact information.	Direct adult supervision

### Parking

We have arranged for convenient, alternative parking at these 3 locations:

- Front of the club
- The Church of Christ parking lot located on Carter Avenue at the rear of the club. The Church of Christ parking lot is CLOSED Sundays & after 12 pm on Wednesdays
- Carter Avenue
- The Open Bible parking lot is located on Carter Avenue at the rear of the club & is closed on Sundays until 1:30 pm

You will be TOWED if you park

- in the Compass parking lot next to AVAC
- in the Leitz School parking lot

### Monthly Statements

**Overview-** Monthly statements are sent to all members via email on the 1st of each month. Bills are due & payable on the 1st of each month & become delinquent on the 15th. All unpaid balances of \$50 or more (on delinquent bills) accrue a \$25 late fee.

**Payments-** Payments can be made at the front desk, by credit card, cash, check, EFT, or Bill Pay. Members whose accounts are past due DO NOT have the privilege of using the Club facilities until their accounts are brought current. A payment method on file is required.

**Online Statements-** Our statements are online, & will also be emailed to you. Simply log on to [avac.clubautomation.com](http://avac.clubautomation.com) to view your statement.

**Autopay-** Your monthly payment will be taken out of your credit card or bank account on or around the 6th of every month. A fee of \$15 will be charged on all returned checks.

### **Change Of Membership**

**Inactive-** Memberships may be placed on hold for full months. Minimum of one month & a maximum of 3 months per calendar year. Monthly dues of \$25 per month will be charged to maintain your account. You will assume current dues when you make any changes to your account.

**Involuntary Termination and Suspension -** The Club reserves the right at any time to terminate or suspend, for such period of time as it shall deem appropriate, the membership or privileges of any member for failure to comply with any provision of the Agreement or any rules or regulations of the Club, or for any conduct the Club determines to be improper or otherwise detrimental to the best interests of the Club. A membership may be terminated or suspended by written notice mailed by the Club to the last known address of the Member shown on the records of the Club. A terminated or suspended member will remain liable for all dues and other charges incurred prior to the Club's receipt of the membership card. If a member becomes delinquent in payment of his or her dues, the Club may terminate the membership and may turn over the member's account for collections. The member shall pay all costs of collections, including any attorney's fee.